



Spring Cleaning

CHECKLIST

SUPPLIES

- Vacuum
- Steam Cleaner or Mop
- Dusting Materials
- Paper Towels
- Broom
- Boxes
- New Furnace Filter

CLOSETS

- Donate or toss old clothes and shoes
- Pack up winter clothes
- Wash/hang up spring clothes
- Dust/wipe down shelves
- Clean or replace laundry basket

LAUNDRY ROOM

- Move washer/dryer and clean behind
- Check dryer vent
- Clean out cabinets and drawers

LIVING ROOM

- Dust around and behind TV
- Clean fireplace
- Clean window treatments/furniture
- Wash, vacuum, or replace dog beds
- Polish hard wood floors

KITCHEN

- Get rid of outdated spices and food
- Defrost and clean fridge and freezer
- Steam clean grout and appliances
- Polish silverware
- Clean inside of cabinets and drawers
- Dust top of cabinets and above fridge
- Steam clean microwave
- De-clutter junk drawer
- Clean oven
- Clean pantry shelves and around trash

ALL ROOMS

- Wipe down baseboards
- Clean air vents
- Dust blinds and windows
- De-clutter drawers/messy areas
- Clean windows
- Vacuum/Mop Floors
- Replace HVAC/Furnace Filter

BEDROOM

- Dust ceiling fan
- Clean or replace sheets
- Vacuum mattress
- Clean and vacuum under bed
- Wash pillows

OUTSIDE

- Clean light fixtures
- Wash outdoor furniture
- Clean sliding glass door tracks
- Steam clean cement/cracks
- Plant flowers
- Clean/repair gutters
- Clean and organize garage

BATHROOMS

- Throw away expired cosmetics
- Steam clean mirrors, countertops, sink
- Change shower curtain
- Steam clean floors, bath tub, and toys
- Clean in, around, and behind toilet
- Unclog drains



**SENIOR LIVING
EXPERIENCE**
SENIOR CARE CONCIERGE

seniorlivingexp.com
314.207.3582